NSDA 2024 Schedule

Term 3: Monday 22nd July – Saturday 28th September

Term 4: Monday 14th October - Saturday 14th December



October Exam Intensives (compulsory for all exam students):

Tuesday 8th October:

Primary 9am - 11am

Grade 1 11.15am - 1.15pm

Grade 2 1.30pm - 3.30pm

Wednesday 9th October:

Primary 9am - 11am

Grade 1 11.15am - 1.15pm

Grade 2 1.30pm - 3.30pm

Thursday 10th

Senior levels 9am - 1pm

Grade 3 1.30pm - 3.30pm

Grade 4 3.30pm - 5.30pm

Friday 11th

Senior levels 9am - 1pm

Grade 3 1.30pm - 3.30pm

Grade 4 3.30pm - 5.30pm

EXAMS:

The Royal Academy of Dance selects the dates for the exams and they will be sometime in Term 4.

Concert day: Saturday 7th December.

Full cast ballet rehearsal: Sunday 24th November 2.30pm-5pm (Students won't be required for the whole time)



STUDIOS: St Ives Uniting Church, (Corner of Mona Vale Rd & Douglas St) St Andrew's Presbyterian Church, 258 Mona Vale Rd

Table of Contents

Ages 3-4: **Tiny Tots Ballet**

5 by August 2024: Pre-Primary

6 by August 2024: Primary

7 by August 2024: **Grade 1**

8 by August 2024: **Grade 2**

9 by August 2024: **Grade 3**

10 by August 2024: **Grade 4**

11 by August 2024: Intermediate Foundation

Intermediate

Advanced Foundation

Advanced 1

Advanced 2



Tiny Tots Ballet

(3 and 4 year old's)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Tiny Tots Ballet 3.30-4pm (Uniting Church)			Tiny Tots Ballet 10.30-11am (Uniting Church)	Tiny Tots Ballet 9-9.30am (Uniting Church)
					Tiny Tots Ballet 9.45-10.15am (Uniting Church)
					Tiny Tots Ballet 10.30-11am (Uniting Church)



Pre-Primary

(Must be 5 by Aug 2024) -

Location	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Uniting Church		Pre-Primary Ballet 4-4.45pm				Pre-Primary Ballet 8.45-9.30am
St Andrew's Church		Jazz / Hip Hop 5-5.45pm	Pre-Primary Ballet 3.30-4.15pm	Jazz / Hip Hop 3.45-4.30pm (Ages 4-7)		



Primary

(Must be 6 by Aug 2024) - Primary ballet students need to attend 2 ballet lessons per week to participate in the Royal Academy of Dance exam. 2 Primary ballet classes per week are highly recommended for your child's confidence, enjoyment, and progress.

Location	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Uniting Church				Primary Ballet 4-4.45pm		Primary Ballet 9.30-10.15am
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St Andrew's Church		Jazz / Hip Hop 5-5.45pm		Jazz / Hip Hop 3.45-4.30pm (Age 4-7)		



(Must be 7 by Aug 2024) - 2 x syllabus classes per week is compulsory for BALLET students Grade 1 to Grade 3.

Location	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Uniting Church						Grade 1 Ballet 10.15-11.15am
St Andrew's Church			Grade 1 Ballet 4.15-5.15pm	Jazz / Hip Hop 3.45-4.30pm (Ages 4-7)		
				Jazz / Hip Hop 4.30-5.30pm (Ages 7-9)		



(Must be 8 by Aug 2024) - 2 x syllabus classes per week is compulsory for BALLET students Grade 1 to Grade 3.

Location	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Uniting Church			Grade 2 Ballet 4.15-5.15pm			Grade 2 Ballet 11.15-12.15am
			Grade 2 Contemporary 5.15-6pm			
St Andrew's Church		Jazz / Hip Hop 5.45-6.45pm		Jazz / Hip Hop 4.30-5.30pm (Ages 7-9)		



(Must be 9 by Aug 2024) - 2 x syllabus classes per week is compulsory for BALLET students Grade 1 to Grade 3.

Location	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Uniting Church	Grade 3 Ballet 4-5pm					
	Grade 3 Contemporary 5-5.45pm					
	Pilates / Stretch 6-6.45pm					

St Andrew's Church

Jazz / Hip Hop 4.30-5.30pm (Ages 7-9)

Grade 3 Ballet 9-10am



(Must be 10 by Aug 2024) - 2 x syllabus classes + 1 x open class per week is compulsory for BALLET students in Grade 4.

Location	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Uniting Church	Grade 4 Ballet 5-6pm					
	Grade 4 Contemporary 4.15-5pm					
	Pilates / Stretch 6-6.45pm					
St Andrew's Church		Jazz / Hip Hop 5.45-6.45pm		Jazz / Hip Hop 5.30-6.30pm		Grade 4 Ballet 10-11am
						Grade 4 Open Ballet (compulsory) 11-11.45am



VOCATIONAL/SENIOR LEVEL BALLET:

From Intermediate Foundation to Advanced 2, minimum attendance of 2 Syllabus Ballet per week is required. To enter RAD Vocational exams, minimum of 3 Syllabus Ballet per week plus Open Class is required. Vocational students should attend our Contemporary and we highly recommend our Jazz and Pilates.

Vocational students do not necessarily take exams at the same time as their peers as per the Junior school. The average time spent in Vocational levels before an exam is 18 months, but this can range from 6 months to 2 + years depending on class and holiday school attendance, work ethic, natural talent and age and strength of student.

Attendance at every North Shore Dance Academy holiday school is highly recommended to reach the required standard for Vocational exams. NSDA Holiday School dates are listed on top of this schedule. Entry to exams is at the discretion of the principal. Students must be at the required standard to be successful in their exam.



Intermediate Foundation

(Must be 11 by Aug 2024)

Location	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Uniting Church	Pilates / Stretch 6-6.45pm		Ballet Syllabus Inter 5.15-6.45pm	Ballet Syllabus Inter 4.45-6pm		
St Andrew's Church		Jazz / Hip Hop 6.45-7.45pm		Jazz / Hip Hop 5.30-6.30pm		Ballet Syllabus Inter 12-1.15pm
						Open Ballet Class (compulsory for ballet students) 2-2.45pm
						Inter Contemporary 1.15-2pm



Intermediate

Location	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Uniting Church	Pilates / Stretch 6-6.45pm	Inter Ballet Syllabus 4.45-6pm		Inter Ballet Syllabus 4.45-6pm		Jazz 11.15-12.15pm
						Ballet Syllabus 12.15-1.30pm
						Contemporary 2-3pm
						Open Ballet Class 3.15-4pm



Advanced Foundation

Location	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Uniting Church	Pilates / Stretch 6.45-7.30pm	Ballet Syllabus 4.45-6pm		Pilates / Stretch 5.15-6pm		Jazz 11.15- 12.15pm
				Ballet Syllabus 6-7.30pm		Ballet Syllabus 12.15-1.30pm
						Contemporary 2-3pm
						Open Ballet Class 3.15-4pm



Advanced 1

Location	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Uniting Church		Ballet Syllabus 6-7.15pm		Ballet Syllabus 6-7.30pm	Ballet Syllabus 5-6.30pm	Ballet Syllabus 1.30-2.15pm
				Pilates / Stretch 5.15-6pm		Open Ballet Class 2.15-3.15pm
						Jazz 12.15-1.15pm
						Contemporary 3.15-4.15pm



Advanced 2

Location	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Uniting Church		Ballet Syllabus 7.15-8.30pm		Ballet Syllabus 6-7.30pm	Ballet Syllabus 5-6.30pm	Jazz 12.15-1.15pm
				Pilates / Stretch 5.15-6pm		Ballet Syllabus 1.30-2.15pm
						Open Ballet Class 2.15-3.15pm
						Contemporary 3.15-4.15pm

